

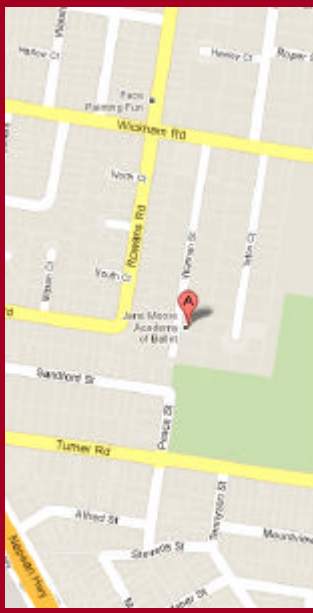


Kingston-*GOLD* Masters Calisthenics

For Adults Age 26+

VENUE:
Jane Moore
Ballet
Studios

10 Wannan St
Highett



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NEW DAY CLASS

10am-12pm Fridays
Term IV, from 14 October 2011

Safe Quality Creative Calisthenics

- * Warm-up *
- * Stretch Strength *
- * Choreography *

For Fun Fitness Friendship Self-Esteem

